



LARRY A. HOFF ePOST 2100



Issue #64 JULY, 2018 *COMMUNICATION IS POWER*

TO OPT OUT OF OUR NEWSLETTERS, E-MAIL cgoetz@myemc.net

OUR NEXT MEETING

July 19th, at 7:30 PM is slated for our next tele-meeting, by invitation, using GoToMeeting. E-mail me if you want an invite:

commander@epost2100.org

Our tele-meetings are provided for you to learn about and have input regarding your cyber Post. BTW, have you visited [Our Web site](#), lately?

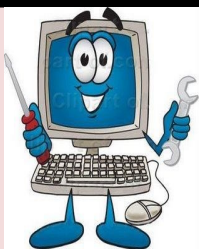
YOUR CYBER POST OFFICERS

Post Commander..... [ROBERT GREEN](#) 770-786-8702
 Senior Vice Commander..... [LES GREEN](#) 770-596-5635
 Junior Vice Commander[PAUL AUST](#) 770-315-2189
 Junior Vice Commander..... [MARK FENLEY](#) 678-661-1031
 Finance Officer..... [CHUCK GOETZ](#) 706-219-4209
 Judge Advocate..... [TED RICHARDS](#) 404-754-0415
 Exec. Committee..... [RICK SCHIRMER](#) 678-687-7270
 Exec. Committee..... [ED MCMILLAN](#) 770-757-6136

OUR HELP DESK STANDS READY TO ASSIST US VETERANS WITH FREE COMPUTER-RELATED AID.

[ROBERT MCTUREOUS](#)

404.304.1772



COMMANDER'S CORNER

"Sticks and stones can break my bones, but words will never hurt me." Yeah, tell that to folks on TV who's shows have been cancelled due to a word or two.

Words are very powerful tools and we, users of the Internet, need to be conscious of how we use words.



Today's litigious society seems to look for ways to sue people, so we should be aware of our own use of words, especially the printed word.

E-mail is one facet of our use of words. Recipients see none of our facial expressions, body language or voice inflections. The use of emojis tries to add an emotional aspect to communications. Emphasis can be provided by *Italics*, underlining, font **Size** and **bolding** are other ways to try and improve how words are perceived.

Before sending out your words, stop re-read them, taking into account how the reader will understand them.

Sarcasm has little place in written communications, unless the you know the reader appreciates it, though few do.

Your mail client's Sent file can be a valuable asset if you need to go back and retrieve something you sent which was misquoted or twisted by others.

Of course, we all know to protect the privacy of others by using the BCC: and not the CC: fields when sending and forwarding E-mail.

The insertion of photos and of links can be another way to get one's point across, as long as the readers realize and use the links.

Finally, attachments augment your text, but some people do not open attachments, fearing viruses and the like. Remember, sticks and stones!

Bob

commander@epost2100.org

LEGION RIDERS

We almost had an American Legion Rider (ALR) Chapter join our Post, but insurmountable insurance coverage did not permit that to happen.

The American Legion Riders (ALR) are Legionnaires who ride motorcycles in support of Legion and community causes.

They are organized into Chapters and are one of three Programs a Post can support:

[American Legion Riders](#) (ALR)

[Auxiliary](#)

[Sons of the American Legion](#) (SAL)



UPCOMING EVENTS

100th Annual National Convention Aug 24-30 Minneapolis, MN

2018 National Fall Meetings Oct 15 - 18 Indianapolis, IN 2018

Department Fall Conference Oct 27- 28 Duluth, GA (Arrive 26 Oct)

2019 101st Annual National Convention,
Indianapolis, IN Aug 23- 29 2020

102nd Annual National Convention,
Louisville, KY Aug 28 - Sep 3

2021 103rd Annual National Convention,
Phoenix, AZ Aug 27- Sep 2

Below, are the eligibility dates for those veterans seeking membership in the American Legion:

WWI: 4/6/17 TO 11/11/18

WWII: 12/7/41 TO 12/31/46

KOREA: 6/25/50 TO 1/31/55

VIETNAM: 2/28/61 TO 5/7/75

LEBANON/GRENADA: 8/24/82 TO 7/31/84

PANAMA: 12/20/89 TO 1/31/90

GULF WAR /WAR ON TERRORISM: 8/2/90 TO THE PRESENT

If you have questions about eligibility, please contact Adjutant, [Ted Richards](#).

4TH OF JULY !

Yes, it is that time of year, again, when Americans think of hot dogs and hamburgers, fireworks, sales and parades.

As veterans, WE also take time to recall the many blessings we enjoy due, in large measure, to those colonial patriots who helped found and secure this nation.

I hope you include in your celebrations, participating in one or more Independence Day events. I also hope you will be careful around home fireworks, if you use them. We might also thank our Creator for the privilege of being Americans.

NATIONAL SUICIDE PREVENTION HOTLINE

Sadly, 1999 to 2010, about 22 veterans died by suicide each day, or about one every 65 minutes!

If you know of a potential suicide, may call or give to that person the number of the National Suicide Prevention Hotline to try and forestall the untimely death. Call 1-800-273-8255. Sometimes, it only takes a hand reaching out to lend support to those in need and our fellow veterans deserve no less, after putting their lives on the line in defense of America.

Our national suicide rate showed the annual U.S. suicide rate increased **24%** between 1999 and 2014, from 10.5 to 13.0 suicides per 100,000 people, the highest rate recorded in 28 years.

[Mental Health.gov](#) lists the following warning signs of suicides:

- Talking about wanting to die or to kill oneself
- Looking for a way to kill oneself
- Talking about feeling hopeless or having no reason to live
- Talking about feeling trapped or in unbearable pain
- Talking about being a burden to others
- Increasing the use of alcohol or drugs
- Acting anxious or agitated; behaving recklessly
- Sleeping too little or too much
- Withdrawing or feeling isolated
- Showing rage or talking about seeking revenge
- Displaying extreme mood swings

OUR WEB SITE'S VAC

[OUR VETERANS ASSISTANCE CENTER](#)



THE MAN FOR WHOM OUR POST WAS NAMED

Col. Larry Alan Hoff, USAF (Ret), of Loganville, passed away on Thursday, October 20, 2011, after a long and courageous battle with esophageal and liver cancer. Larry was born on November 8, 1946 in Monroe, WI to Glen and June Hoff, Sr. Col. Hoff entered the United States Air Force in 1968 after receiving his commission from ROTC at San Jose State University. He was a career pilot, unconventional warfare officer and Joint Staff Officer who had commanded at all levels from detachment to Squadron. During Operation Desert Shield\Storm, Col. Hoff was the Director of the Joint Staff Crisis Action Team (CAT). He followed this with assignments as the Director of Operations for the United Nations Special Commission for Iraq (UNSCOM) responsible for planning and conducting international inspections for weapons of mass destruction within Iraq.

He followed that with an assignment as Director of Special Management (AMC-TACC) where he was responsible as Director of NATO Air Operations for NATO AFSOUTH for planning and operations of the NATO imposed peace between Croatia, Bosnia, and Serb combatants in the former Yugoslavia. After retirement, in 1995, he served thirteen years as the Senior Aerospace Science Instructor (SASI) for GA-956, Senior Representative for AFJROTC region COAR-2 QAFJROTC, and as Director of Emergency Management for Walton County Public School System.

He retired in June 2010. Col. Hoff was also an assistant professor of Health Science/ Emergency Management for TUI University. He was a member of the American Legion, Department of Georgia Junior Vice Commander), National Sojourners (Commander of Hero's of 76), Daedalion Society of Military Pilots, Air Force Association, Military Officers Association, Veterans of Foreign Wars, Royal Order of Scotland (president), Loganville Shrine Club (past treasurer and vice president), Yaarab Shrine and Legion of Honor, York Rite, Scottish Rite and Columbia Lodge #91. Col. Hoff married Linda Baker Hoff on June 29, 2001. In 2011-2012 Larry Hoff was The American Legion of Georgia, Department Senior Vice Commander. The following year (2012-2013) he was slated to be Department of Georgia Commander. I had the opportunity to meet Larry in 2011 and was so impressed with his dynamic personality and leadership, that I wanted to learn more about his Cyber dreams and plans for the future of The American Legion in Georgia. Larry believed fervently that The Legion in Georgia could be a leader in helping our organization at the National, Department, District and Post levels, to update and modernize our use of Cyber tools and communications.

Larry had presented a broad concept of using a Cyber Strategy to the Department Officers which they accepted in concept. We discussed how to develop the approach with Past Commander, Charlie Tucker. We all knew that bringing new technology to our nearly Century old organization would not be easy. Another close friend of Larry's in our effort was Tommy Hatton, who has helped us in so many ways. During this period, Larry's health while fighting Esophageal and Liver Cancer, worsened and I volunteered to help him, as an unofficial adjutant, to keep his work moving ahead. In October, 2011, Larry passed away.

The year that followed, was a struggle to get two ideas accepted: 1) Possible ePost 2100 concept accepted and 2) a Department Cyber Committee concept accepted. When these ideas were nearly killed, a close friend of Larry, the new 2012-2013 Department Commander, Bill Lienhop, took Dennis McClendon and me to Florida to visit their Department cyber post. That trip and Bill's support breathed life back into Larry's dreams. Only one name could be given to Georgia's Cyber Post and that was 'Larry A. Hoff'. On March 11, 2013, the ePost2100.org was chartered. So, now, if you are asked just who the man was, you will have some good information to impart. After all, our ePost 2100 is named for Colonel Hoff.

PAUL AUST AT STATE CONFERENCE



Our Post is fortunate in having our Junior Vice Commander, Paul Aust, as a member who is not only interested in external Post Legion functions, but able to both attend and participate in them.

As commander, I am expected to also fulfill those functions, but am unable to do so, at the present time, so I am grateful to Paul for his representing us. I have attended the Conferences in the past and was a presenter at one meeting.

Paul will be able to bring back to us the important information given at the various meetings. He was also able to cast our votes for Department officers. [Click HERE](#) for Tommy Hatton's Conference photos.

Though Legion members from around the State attend the Conferences, most of us do not, so we rely on Paul as our representative and to give voice to our unique existence. As he shares information, I will send out in our newsletters.

Thank you, Paul, for your service to our Nation and to our cyber Post.

—*Bob*

CALENDAR IS COMPLIMENTS OF CONGRESSMAN PETER KING

JUNE						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

This synoptic view of the National Mall captures a quintessential moment during a typical Fourth of July in Washington, perhaps the most symbolically meaningful celebration of its kind in the country. (Photograph by Gary Silverstein)

AUGUST						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

JULY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 1818: Pres. Monroe orders remains of Rev. War Gen. Richard Montgomery to be returned to US.	2 1818: Brewery sends receipt for beer and ale purchased for White House.	3 1818: <i>Alexandria Herald</i> (VA) reports Spain's fear of severing ties with US.	4 Independence Day 1818: Stephen Austin, "Father of Texas," gives famous speech in Potosi, MO praising frontier spirit.	5 1818: USS <i>Washington</i> returns to NYC from two years' mission in Mediterranean.	6 1818: Federal elections begin in Louisiana.	7 1818: Capt. Wm. Parry begins exploration for Northwest Passage through Northern Arctic.
8 1818: Sec. of State J.Q. Adams informs French diplomat that President will support Gen. Jackson in Florida.	9 1818: Pres. Monroe intends to return to DC as soon as wife Elizabeth recovers health.	10 1818: Sec. of State J.Q. Adams refuses to accept Sabine River as western border with Mexico.	11 1818: Spanish minister walks away from negotiations on Florida cession and western borders.	12 1818: Rep. Salma Hale (NH) discusses Unitarianism with Thomas Jefferson at "Monticello."	13 1818: Gen. Andrew Jackson writes War Dept. to insist US pay overdue annuities to Chickasaws.	14 1818: J.Q. Adams finds President "very much embarrassed" by capture of Pensacola.
15 1818: Cabinet discusses whether President could authorize hostilities without consulting Congress.	16 1818: American Colonization Society publishes letter praising Gambia.	17 1818: In meeting with French minister, J.Q. Adams draws US-Spanish boundary to Pacific.	18 1818: Ex-Sen. George Campbell (TN) visits John Adams to discuss his new role as minister to Russia.	19 1818: Pres. Monroe writes Gen. Jackson that captured Spanish posts should be returned.	20 1818: Sec. of State J.Q. Adams alone defends Gen. Andrew Jackson in Cabinet meeting.	21 1818: Sec. of War John C. Calhoun reports rumor that Gen. Jackson secretly invested in Florida lands.
22 1818: Navy ships Florida oak to build more ships in DC Navy Yard.	23 1818: J.Q. Adams writes that military action in Florida justified by Spain's breach of treaty of 1795.	24 1818: J.Q. Adams's Diary notes that Pres. Monroe can focus on little else than events in Florida.	25 1818: Henry Clay writes friend that Congress "has greater attractions at a distance than near."	26 1818: Pres. Monroe returns to his home "Oak Hill" in Loudon County, VA.	27 1818: Thomas Cooper warns Pres. Monroe that the British want control of Tampa Bay.	28 1818: J.Q. Adams believes Virginians will only support another Virginian to follow James Monroe.
29 1818: <i>Charleston Courier</i> (SC) reports Cuban support for US capture of Pensacola, Florida.	30 1818: Henry Clay toasts "the cause of the people" at public banquet in Frankfort, Kentucky.	31 1818: Sec. of State J.Q. Adams resumes drafting his famous report on weights and measures.	 <p>Brown designates Latrobe's work, blue Bulfinch's construction of the Center Building. (<i>Prints and Photographs Division, Library of Congress</i>)</p>			

OUR CONSTITUTION

This is an interesting site which provides an *interactive* U. S. Constitution experience! [Click here.](#)

MORE ON OUR CONSTITUTION

From the National Archives, this link provides a plethora of information.

[Click here](#)

SOME MILITARY BENEFITS

Ed sent information on the VA Reform Bill from [Military Times](#) and it included in the E-mail was this link to military benefits: <https://hub.militarytimes.com/ebooks/4-30-2018-benefits-guide-2018/>.

WHAT'S A VETERAN?

"A veteran is someone who, at one point in their life wrote a blank check made payable to "The United States of America," for an amount up to and including their life."

—unknown

ONLINE SHOPPING AT THE PX, MAYBE?

From Ed: The first section will now allow online [shopping at the PX for veterans](#).

It may save our members money (Wal-Mart is tough to beat though) !

Veterans Health VeteransHealth

Skip the trip! Honorably discharged Vets are now eligible to shop online at the military exchanges: <https://t.co/SlemrhHTaD>

Veterans Health VeteransHealth

What matters most to you in your life in achieving your health goals? Your whole

Veterans Health VeteransHealth

Opioid dependence can happen after just five days. This is Amy's story. Know the

Veterans Health VeteransHealth

When you quit smoking, your quality of life improves! Learn more at <https://t.co/>

Veterans Health VeteransHealth

Sleep apnea causes snoring, daytime sleepiness, and low oxygen levels at night which

[https://www.shopmyexchange.com/veterans?
utm_content=bufferb3bc1&utm_medium=social&utm_source=twitter.com&utm_campaign=buffer](https://www.shopmyexchange.com/veterans?utm_content=bufferb3bc1&utm_medium=social&utm_source=twitter.com&utm_campaign=buffer)

GEORGIA DEPARTMENT OF VETERAN SERVICES

The <https://veterans.georgia.gov/> offers a wide and practical range of services for veterans and families. Go to the Web site and peruse the top menu to get a good idea of what can be available to us veterans.



DEPARTMENT ADJUTANT'S NEWSLETTER June 2018

Department Convention:

June 22 - 24, 2018

The 100th Georgia Department Convention will be held at the Sonesta Gwinnet Place in Duluth, GA. Make your reservations through the Department Headquarters. Your credit card may be used to reserve a room. The deadline for reservations was June 11, 2018. If you have not made your reservations at the Sonesta Gwinnett Place, you may be placed in a nearby hotel.

Cost for registering for the Department Convention is now \$25.00.

COMMANDER'S, PRESIDENT'S, SAL COMMANDER'S AND ALR DIRECTOR'S SPECIAL PROJECT

Do not forget our hospitalized Veterans and make your donation to the Department Commander's Combined Special Project. The Special Project fund is \$16,000 short of its \$100,000 fundraising goal. The "wish list" from each medical facility has been reviewed, but with our funds short we may not be able to provide funds for items requested. Your donations assist the medical facilities that care for our Georgia Veterans. If your Post or District has not made a donation, please do so at the Department Convention.

Our Georgia Veterans and their families need our support.

National Convention:

August 24 – 30, 2018

The 100th Annual National Convention will be held at the Crown Plaza Northstar Hotel, 618 Second Avenue South, Minneapolis, MN 55402. Cost \$142.88 (includes tax) per night. The Legionnaires of our National Headquarters have planned a great Convention for us. Make your reservations early. Information enclosed.

DATES TO REMEMBER

2018	100 th Annual National Convention, Minneapolis, MN	Aug 24 – 30
2018	Fall Meetings, Indianapolis, IN	Oct 15 - 18
2018	Department Fall Conference, Duluth, GA	Oct 26 - 27
2019	Department Spring / College, Duluth, GA	Mar 27 – 29
2019	Department Convention, Valdosta, GA	Jun 25 – 28
2019	101 Annual National Convention, Indianapolis, IN	Aug 23 – 29

2019 Washington Conference
2019 Spring Meetings
2019 Department Fall Conference, Duluth, GA
2019 Fall Meetings

Feb 24 – 27
May 6 - 9
Oct 17 – 20
Oct 14 - 17

DISTRICT AND POST ELECTIONS

June 7, 2018 was the last day to hold elections in accordance with the Department Constitution and By-Laws. The Reports Letter mailed on April 13, 2018 requested that the reports plus others be forwarded to Department Headquarters seven (7) days after the election of Post officers. The Certification of 2018-2019 Elected Officers and Certification of Service Records of American Legion Officers. The Certification of 2018-2019 Elected Officer Report **have been received** from the following Posts as of June 4, 2018.

District Posts:

1	27, 36, 60, 95, 108, 116, 154, 164, 168, 184, 321, 322, 500
2	30, 31, 122, 141, 144, 182, 512
3	2, 35, 75, 186, 267, 333, 558
4	25, 34, 66, 81, 105, 258, 516, 532
5	1, 29, 70, 143, 145, 148, 156, 160, 216, 264, 291, 294, 296, 338
6	3, 6, 17, 24, 38, 44, 59, 126, 172, 202, 230, 237, 268, 542, 594
7	12, 40, 42, 47, 52, 86, 106, 112, 167, 245, 339, 506, 524, 545
8	9, 26, 69, 80, 97, 137, 181, 211, 511, 517
9	7, 16, 23, 45, 84, 104, 127, 201, 220, 239, 248, 251, 307, 316, 328, 2100
10	14, 20, 56, 64, 77, 92, 109, 123, 163, 214, 233, 332
11	8, 63, 96, 178, 180, 192, 194, 205, 229, 235, 337, 505, 597
12	13, 18, 21, 91, 99, 100, 115, 218, 324, 335, 336, 503, 515, 536

Remember, you will not receive the **2018-2019 Membership Cards** until we receive the above report and the required bond fee.

A warm welcome to our new Membership Manager. The DEPARTMENT OF GEORGIA welcomes Lewis Kent to its staff. He is filling the position previously held by Aileen Bartlett who retired last summer. Lewis is a US Army retiree with more than 20 years of both Active duty and Reserve duty. Lewis joins the Department staff with a wide variety of experience. As a Senior Human Resources Officer in the Adjutant General Corps, he has served in a variety of capacities and positions. Lewis is also a former school teacher. He currently serves as both the Vice President for his alumni chapter fraternity and the Chief of Staff at the State of Georgia level fraternity. As a member of the American Legion, he has served as Jr. Vice/Sr. Vice Commander(s) and currently as Post 545 Adjutant with 5 continuous years with the American Legion. Welcome Aboard!

We look forward to seeing each of you in Duluth.

For God and Country,


Zeste Debro
Department Adjutant

Enclosures

AMERICAN LEGION EPOST2100 (CYBER POST) MEMBERSHIP APPLICATION

YES! I'll help my fellow veterans by becoming a member of The American Legion. I certify that I served at least one day of active military duty during the dates marked below and was honorably discharged or am still serving honorably.

epost 2100 mailing address ----> **Chuck Goetz**
675 Washboard Road
Cleveland, GA 30528

Application may be made in any of the following methods:

1. Complete this application and mail it to Ted Richards, epost 2100 Adjutant along with a check in the amount of \$35.00 (payable to American Legion) and a copy of DD214
2. Simply call and make application telephonically (less than 5 minutes).
3. Visit our website at epost 2100.org and make application there

Please check applicable "Dates of Service" and "Branch of Service":

DATES OF SERVICE	BRANCH OF SERVICE
<input type="checkbox"/> AUG. 2, 1990 – OPEN	<input type="checkbox"/> U.S. ARMY
<input type="checkbox"/> DEC. 20, 1989 – JAN. 31, 1990	<input type="checkbox"/> U.S. NAVY
<input type="checkbox"/> AUG. 24, 1982 – JUL. 31, 1984	<input type="checkbox"/> U.S. AIR FORCE
<input type="checkbox"/> FEB. 28, 1963 – MAY 7, 1975	<input type="checkbox"/> U.S. MARINES
<input type="checkbox"/> JUNE 25, 1950 – JAN. 31, 1955	<input type="checkbox"/> U.S. COAST GUARD
<input type="checkbox"/> DEC. 7, 1941 – DEC. 31, 1946	
<input type="checkbox"/> APR. 6, 1917 – NOV. 11, 1918	
<input type="checkbox"/> U.S. MERCHANT MARINE — DEC. 7, 1941 – DEC. 31, 1946	

NAME

ADDRESS

CITY, STATE, ZIP

PHONE

E-MAIL ADDRESS

BIRTH DATE

SIGNATURE

Receipt of Dues
(Please Print)

From _____

\$ _____ for 20__ Post # _____

Recruiter's Name _____

Recruiter's Signature _____

Recruiter's Phone # _____

You can pay the annual dues of \$35.00 now or we will bill you later.

Make Checks payable to: "The American Legion ePost 2100"

If mailed send to:
Charles Goetz, Post Finance Officer
675 Washboard Rd
Cleveland, GA 30528

**TO JOIN
 THE AMERICAN LEGION,
 SUBMIT THE
 MEMBERSHIP
 APPLICATION,
 A COPY OF YOUR DD-214 ,
 AND A CHECK FOR \$35.00
 TO:
 Chuck Goetz
 675 Washboard Road
 Cleveland, GA 30528**